

# BLUEPRINT FOR A SUCCESSFULLY INTENTIONAL & INTEGRATED LIFE™



soul

mind

body

the self

business

social

## Section I The Basics

The You That Awaits Your Best Life Yet  
Your True Inner Strength  
The Magic Formula

Brain Power Assessment  
Self Determination Resolution Assessment  
Freedom of Movement Assessment  
Work Life Integration Assessment

## Section II Clarity & Application

Why I Took This Journey  
When You Save Your Own Life  
Stress and Your Beautiful Body  
What You Put Into Your Mouth & Why  
Movement, Alignment & Freedom

Mind & Body Integration Assessment  
Multidimensional Health Locus  
of Control Assessment

## Section III The Core

The Language Of The Heart  
Intimacy With Self & Then Others  
The Dance of Balance In Work  
Envisioning Your Fiscal World Minus Fear

Speed of Trust Assessment  
Your Fiscal Comfort Zone Assessment

## Section IV Taking It To The Next Level

The Faith Factor  
Nature, Time & Your Connection To The Earth  
Life As A Cycle Intended, Not Happenstance  
Stress Managed Is a Life Well Lived

The Faith Factor Assessment  
Expectation for Success Assessment  
Movement & Desire Assessment

*Dr.* **DEB CARLIN's**

PARTNERS IN EXCELLENCE LLC

**BUILD THE STRENGTH WITHIN™**

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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